

## **Digital Security**

## Introduction:

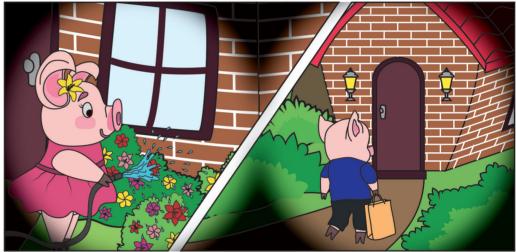
When we use any digital system - this can be our phones, tablets, computers we enter information about ourselves. This can be sensitive information about our families or very important information from our places of work. This also includes creative material like pictures and videos.

It is very important to protect our own data and the devices (phones, laptops etc, we use to access the digital world) and respect the security of other people's data and devices. As the internet is a place where we are all connected, everyone needs to make sure they are being safe because one person's weak security can affect everyone.

Digital security and cybersecurity do not mean complicated or difficult security systems. Sometimes the best solution can be very simple and not at all technical. It is also important to keep checking if our security systems are strong, as there may be new threats, especially on the internet.





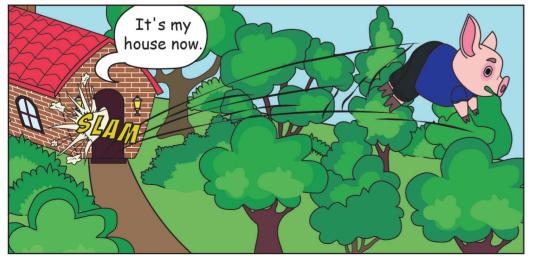




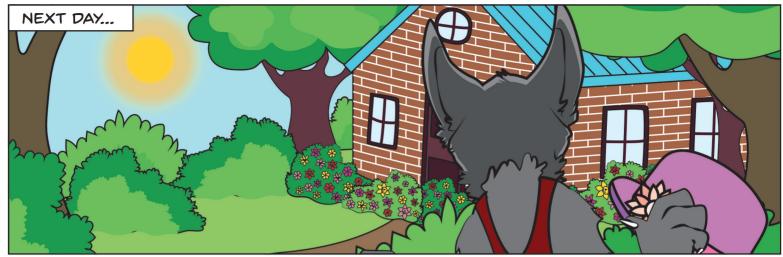


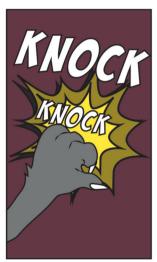




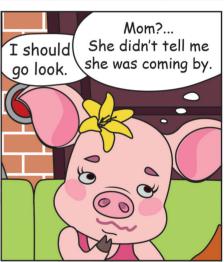




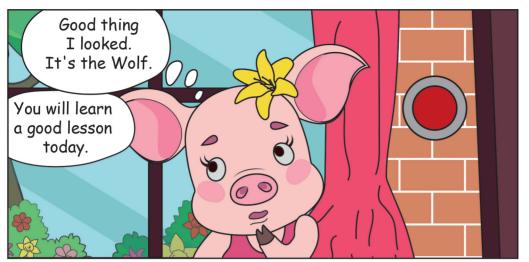




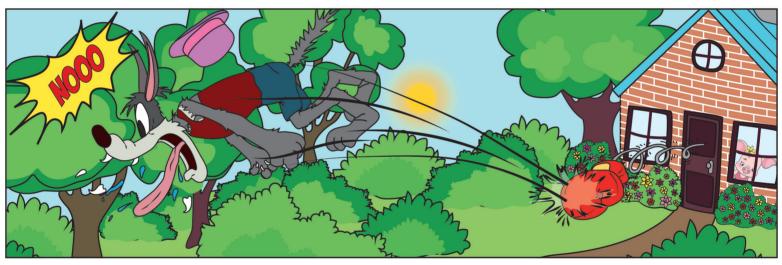




















## **Lessons Learned**

- Strong passwords are important to keep our accounts safe.
- Use two-factor authentication this means instead of just one password you will be asked for another secret number which only you will know.
  This is a code sent to your phone or email account to confirm your login.
- Updating security settings on social media profiles (such as Facebook, Instagram etc) is crucial to keep your accounts safe.
- It is important to be careful when sharing personal information online.
- Stay away from unsafe websites that can infect or damage your devices.
- Avoid downloading software from unknown websites.
- Always use a virus guard and update it regularly.